

**MEDFORD BOAT CLUB**  
**MEDFORD YOUTH OPEN**  
**3<sup>rd</sup> ANNUAL REGATTA**  
**YOUTH SAILORS**  
**SAILING INSTRUCTIONS**  
**TUESDAY, JULY 28<sup>th</sup>, 2026**

**1. RULES**

1.1. The regatta will be governed by the *rules* as defined in the *Racing Rules of Sailing (RRS) 2025-2028*, and the prescriptions of US Sailing. Class rules are altered so that membership in a class organization is not required for participation in this regatta. Additional rules may also be changed by these Sailing Instructions.

**2. ENTRIES**

2.1. The regatta is open to all juniors sailing Lasers, Optimists, and N-10s.

**3. NOTICES TO COMPETITORS**

3.1. Notices to competitors will be posted on the official regatta notice board location in the main hall at the boat club.

**4. CHANGES TO SAILING INSTRUCTIONS**

4.1. Changes to the sailing instructions will be posted before 09:00 hours on the day they will take effect.

**5. SIGNALS MADE ASHORE**

5.1. Signals made ashore will be displayed from the flagpole located by the Club House.

5.2. Flag AP, displayed with two sound signals when raised, and one additional sound signal when lowered, shall mean the race is postponed. When the postponement signal is made ashore, the warning signal will be made not less than 30 minutes after AP is lowered. This changes Race Signal AP.

**6. MARKS**

6.1. All marks will be Red Balls or White Balls, unless changes to this rule are announced at competitors meeting.

**7. THE START**

7.1. All races will be started using three-minute dinghy starts with sound signals as described below. If the P, I, Z, U, and/or Black Flags are in use, they will be raised at the three-minute signal and lowered at the one-minute signal.

7.2. The starting line will be between a staff displaying an orange flag on the RC signal boat at the starboard end and the pin mark.

## **8. RECALLS**

8.1. The Race Committee will attempt to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, the hail of some but not all OCS boats, or the untimely hail of some or all OCS boats, shall not be grounds for granting redress. This changes RRS 62.1.

## **9. THE FINISH**

9.1. The finish line will be between a staff displaying a blue flag on the windward race committee boat and the course side of the mark.

## **10. TIME LIMIT**

10.1. The time limit for each race will be 75 minutes for the first boat to finish. This changes Rule 35.

## **11. PROTESTS AND REQUESTS FOR REDRESS**

11.1. Protests shall be delivered to the race committee within 30 minutes after the race committee arrives at the dock. Hearing will be held post racing within 90 minutes of the race committee arriving at the dock.

11.2. Protest notices will be posted within 60 minutes after the race committee arrives at the dock to inform competitors where and when there is a hearing in which they are parties, or in which they are named as witnesses.

11.3. Sailors who have been involved in an incident on the race course, and who have been informed that they are being protested, will be required to check the notice board to see if a protest has been filed. Failure to do so may result in a protest hearing being held with only one party being present.

11.4. RRS 63.3 is modified as follows: *A boat that is party to a protest may be represented only by her helmsman or crew.*

11.5. The protest committee may penalize, without a hearing, a boat that has broken RRS 42, provided that a member of the protest committee or its designated observer has seen the incident. A disqualification under Rule 42 shall not be excluded from the boat's series score. A boat so penalized shall be informed by notification in the race results.

## **12. PENALTY SYSTEM**

12.1. The following sections of Appendix V shall apply. Penalty at the Time of an Incident: The first two sentences of Rule 44.1 are changed to read: *A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. When she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall also be a One-Turn Penalty.*

## **13. SCORING**

13.1. The Low-Point Scoring System, RRS A2 will apply, modified so that each boat's series score will be the total of her race scores with her worst score discarded if 6 or more races have been completed. See Rule 90.3b A2.1.

## **14. SAFETY REGULATIONS**

- 14.1. Competitors shall wear a US Coast Guard (USCG) approved life jacket, that is 100% dependent on foam for floatation and the appropriate size for the sailor, at all times while launching boats, on the floats, and on the water, except for brief periods of time while adding or removing clothing.
- 14.2. Upon arriving at the racing area each day, each competitor shall check in with the race committee by sailing past the stern of the committee boat on a starboard tack and calling out their sail number.
- 14.3. A boat retiring from a race shall notify a Race Committee and coach vessel before leaving the course.
- 14.4. All competing boats, regardless of fleet, must have a bowline and bailer which shall be attached to the hull.

## **15. COACHES AND SPECTATORS**

- 15.1. Coaching is allowed before the warning signal and after the boat has finished and cleared the finish area. There will be no coaching between any recalls and subsequent starts.
- 15.2. Opti and N-10 fleets will allow coaching from behind ONLY to sailors who may be struggling or new to the experience.
- 15.3. All coaches and other support personnel must agree to aid any competitor who is in distress or requesting assistance of any sort.
- 15.4. Support personnel, including the race committee, mark and safety boat operators, coaches, parents, etc., are strongly encouraged to wear fully secured PFDs while on the water.

## **16. DISCLAIMER OF LIABILITY**

- 16.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property, or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

## **17. PRIZES**

- 17.1. Trophies will be awarded to competitors placing first through third in all fleets.
- 17.2. A sportsmanship award will be awarded to the sailor(s), coach(es), or volunteer(s) who displayed, over the course of the regatta, a significant act of seamanship and/or sportsmanship.

## **18. SCHEDULE OF EVENTS**

- 18.1. There are no maximum number of races. One race constitutes a series. No race will be started after 3:30 PM.

Monday June 27

5:00-8:00 PM Registration/Check-in and Boat Drop-off

Tuesday July 28

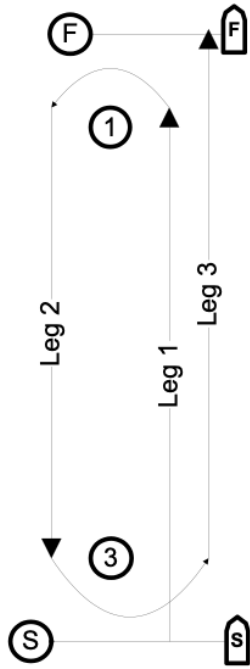
8:00 AM	Registration/Check-in, Boat Launch
9:15 AM	Competitors' Meeting and Coaches Meeting
10:00 AM	First Race Start
12:30 PM (approx.)	Lunch
1:30 PM (approx.)	Afternoon Races Start
3:30 PM	No Warning Signal after this Time

Race Committee reserves the right to start their races earlier than posted if all boats are present.

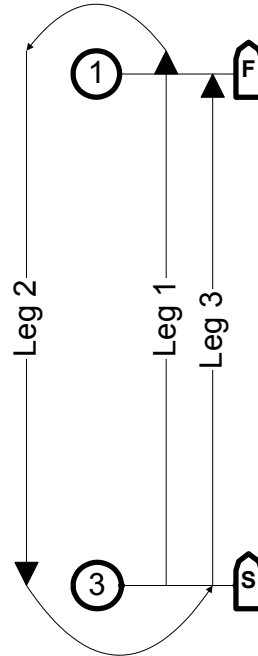
## 19. COURSES

19.1. Courses will be designated by a letter displayed on the race committee signal boat. See below.

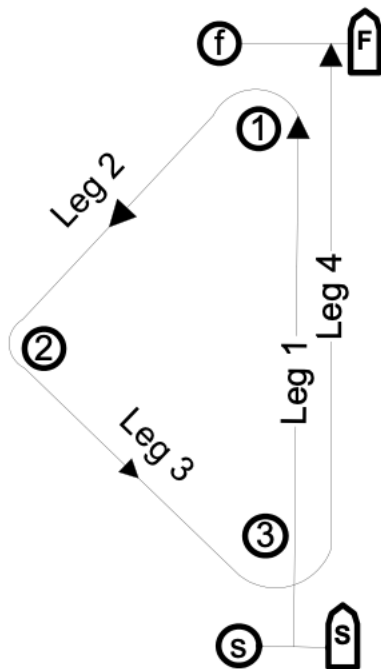
A.



B.



C.



D.

