

MEDFORD BOAT CLUB MEDFORD YOUTH OPEN

3rd ANNUAL REGATTA YOUTH SAILORS NOTICE OF RACE TUESDAY, JULY 28th, 2026

1. RULES

- 1.1. The 2025 Medford Youth Open Regatta will be governed by the rules as defined in the *The Racing Rules of Sailing for 2025-2028*. Participating Classes will include: N-10s, Optimists, and Laser Radials (ILCA Radial Fleet). The rules for the N-10 Class, Optimist Class, and International Laser Class will also apply.
- 1.2. By participating in this regatta, a competitor grants to the organizing authority, the Medford Club, and participating Classes, the right to make, use and show, at their discretion, any photographs, motion pictures, and live, taped, videoed or filmed and other productions of him or her without compensation.

2. DISCIPLINE

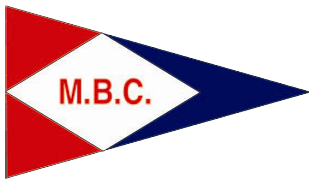
- 2.1. All competitors are expected to maintain proper conduct throughout the event. When a Protest Committee, from its own observation or a report received from any competitor that believes that another competitor may have committed a breach of a rule, good manners or sportsmanship, or may have brought the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69. Protests will be discouraged; however, if the Protest Committee sees or hears of a potential breach of a rule, good manners, or sportsmanship, it may call a hearing.
- 2.2. Hearings will be held in accordance with the recommendations of the Racing Rules of Sailing. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, and the Protest Committee.

3. ELIGIBILITY

- 3.1. Skipper and crew (if applicable) must be under the age of 18. Crews are OPTIONAL in the N-10 fleet. Boats may use a spinnaker.

4. REGISTRATION AND ENTRY FEES

- 4.1. All registration, medical release, emergency contact forms, checks and cash will be collected during the registration periods on Monday night and Tuesday morning (see schedule below). Checks can be made out to the Medford Boat Club. The registration fee is \$50 per sailor. Early registration cost is \$45 and applies if registered on or before Tuesday, July 21th. Price includes: breakfast, lunch, dinner, and regatta merchandise. Registration forms will be available via [Google Form](#) and on the [MBC website](#).



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5. SCHEDULE

Monday, July 27th

5:00-8:00 PM Registration/Check-in and Boat Drop-off and Launch

Tuesday, July 28th

8:00-9:15 AM Registration/Check-in, Boat Launch, Breakfast (sailors & coaches)

9:15 AM Competitors' Meeting and Coaches Meeting

10:00 AM First Race

12:30 PM (approx.) Lunch (bagged)

1:30 PM (approx.) Afternoon Races (no races to start after 3:30 PM)

4:00 PM Adult Hospitality (upstairs Member room)

4:30 PM (approx.) Cookout

5:00 PM (approx.) Awards*

*Guest sailors and families are invited to stay and use the club's facilities: swim, kayak, use the game room, play basketball, HAVE FUN!

6. SAILING INSTRUCTIONS

6.1. Sailing instructions will be available at the coaches' meeting and the competitor's meeting.

7. BOATS

7.1. Competitors shall bring their own boats. The Medford Youth Open includes: an N-10 line, Optimist line, and Laser line.

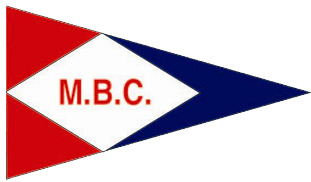
7.2. Each competitor will be responsible for his or her boat being in compliance with the class rules.

8. SCORING

8.1. The Low-Point Scoring System, Appendix A of the RRS will apply.

8.2. One completed race constitutes a series. If six or more races are completed, a boat's worst score shall be discarded. Maximum of 9 races.

8.3. Trophies will be awarded to the top three (3) finishing boats in each fleet.



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9. COACHES

9.1. Coaches are asked to register at the event, and must attend the coaches' and competitors' meetings. Meals will be provided for all coaches. Coach boats are NOT allowed on the course during a race.

10. SAFETY

- 10.1. A US Coast Guard approved personal flotation device shall be worn, properly fastened, at all times while on the docks, launching and when sailing. Failure to comply with this rule can result in disqualification as deemed appropriate by the protest committee. Coaches and support personnel are also required to wear PFDs.
- 10.2. Each boat is also **required** to carry a paddle, a bailer, and a sponge. Anchors and anchor lines are not needed on the lake. PLEASE HAVE ONE **WHISTLE** on each boat for signaling distress/emergency.

11. MEALS AND ACCOMMODATIONS

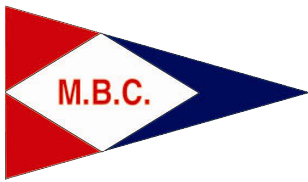
- 11.1. Breakfast, lunch and dinner will be provided on the day of the regatta for competitors and coaches. THERE IS A FULL-SERVICE SNACK BAR AT THE CLUB. The "Sail Away Snack Bar" takes cash and credit cards.
- 11.2. Please indicate on the sign up form if you have special dietary requirements or allergies.
- 11.3. **Light Adult hospitality** will be provided on Tuesday afternoon. Parents/ siblings can purchase lunch and dinner at the Sail Away Snack Bar or at local restaurants. **Medford Boat Club is BYOB**; parents are welcome to bring refreshments with them to the club. Bags of **ice** can be purchased (cash) from any House Staff employee (navy blue collared shirts). If you need anything at all at the club, a House Staff employee can assist. We have Stand Up Paddle boards and kayaks available for use by guests (swim test required for use by youth). See Kerry O'Brien, Peter Wells (manager), or Carol Feeney (manager) for details. **Please bring your own lifejacket(s).**

12. PRIZES

12.1. There will be one fleet of each participating class of sailboat. Trophies will be awarded to the top three finishing boats in each fleet. Perpetual N-10 trophies will also be presented.

13. ADDRESSES

13.1. For Boat Launching/Drop-off: GPS ADDRESS: 32 Lake Shore Drive, Arlington MA (no parking on Arlington side; this address is for boat drop-off only); email nathanmbc@gmail.com or call/text 617-519-3697 with any questions regarding boat launching.



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13.2. For Parking: Enter: Bacow Sailing Pavilion (Tufts Boathouse) for the parking lot on the Medford side. PARKING can be a challenge so the earlier you arrive at the lot on the Medford side, the better! Additional details regarding parking will be shared at a later time. Winchester parents/spectators are encouraged to travel to MBC via pontoon boat (ferry style!). We can assist Winchester with ferry services as we are able.

14. DISCLAIMER

14.1. Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damaged or personal injury or death sustained in conjunction with or prior to, during or after the regatta. ALL COMPETITORS MUST SUBMIT A COMPLETED EMERGENCY MEDICAL FORM, which is at the end of the registration form.

15. ADDITIONAL INFORMATION

MBC Head Sailing Instructor

Nathan Manzione

617-519-3697

nathanmbcsail@gmail.com

MBC Sailing Director

Kerry O'Brien

617-480-1254

sail@medfordboatclub.org

Host Club

Medford Boat Club

www.medfordboatclub.org